

2017

Cascade Centers, Inc. Monthly EAP Promotional Topics



January

EAP 101

*Webinar: EAP
Orientation*

February

Tax Resolution

March

Life Coaching

Webinar: Resiliency

April

Substance Abuse

May

Gym Membership
Discounts

*Webinar: Diet
Myths*

June

Home Ownership
Program

*Webinar: Home
Ownership Program
Overview*

July

Cascade Personal
Advantage

August

LifePilot Assessment

September

Budgeting

*Webinar:
Budgeting Basics*

October

Stress Management

*Webinar: Explore Your
Relationship with
Money*

November

Caregiving Support

*Webinar: Caregiver
Resources*

December

Safe Driving

Cascade will
Reimburse for a
Taxi/Ride Share



CASCADE CENTERS
INCORPORATED

For Assistance:
Call: 800-433-2320
Text: 503-980-1777
Email: info@cascadecenters.com
Visit: www.cascadecenters.com

Your Success
is Our Compass

