



December is Drunk & Drugged Driving (3D) Prevention Month

Driving drunk is never OK. Choose not to drink and drive and help others do the same. Prevent drunk and drugged driving by making responsible choices, such as:

- Designate a sober driver before celebrations begin.
- Never serve those under the age of 21 alcohol.
- Plan safe parties, including providing non-alcoholic drink options to guests and not serving alcohol the last hour of the gathering.
- Be prepared to get everyone home safe in case your plans or individual circumstances change.

Cascade is giving the gift of a free taxi ride.

Cascade aims to deter individuals from driving impaired and encourages everyone to plan ahead before embarking on their holiday festivities. To ensure safety this holiday season, Cascade will reimburse the cost of a taxi ride.

How to Get Reimbursed:

1. Mail your receipt to: Cascade EAP, 7180 SW Fir Loop, Portland, OR 97223
(a copy of your receipt is required to be reimbursed)
2. Include your name, address, city, state, zip, telephone number and employer
3. One way only, within your city limits
4. You will receive a check within 7 working days

Cascade Centers, Inc. is not advocating the abuse of alcoholic beverages and/or drugs. If you choose to drink do so with moderation and caution. It is not the intent to promote mis-use of drugs, alcohol, alcoholism, hazing, binge drinking or any other form of alcohol abuse.

How to Access Your EAP

- Call: 1-800-433-2320
- Email: esupport@cascadecenters.com
- Visit: www.cascadecenters.com



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