

# Financial Coaching

You are eligible to participate in a **FREE 30 Day Financial Coaching** program that will answer any financial questions or concerns you may have...



*Get help analyzing and organizing your budget...*



*How to deal with your mortgage lender and other creditors...*



*Learn how to work with utilities and other services...*



*Understanding COBRA, Insurance and Flexible Spending Accounts...*



*Make sure you're on the right track for retirement...*

## **30 Days of One-on-One Financial Coaching Will...**

*(Financial Coaches do not sell products of any kind!)*

- Get You Out of Debt Fast
- Provide a Credit Report Analysis to Help you Improve Your Credit Score
- Help You Develop a Spending Plan That Works for You
- Get Retirement Planning Help with 401(k), 403(b) or 457 Plan Reviews
- Help You Understand Home Buying/Refinancing Strategies
- Help You with Other Important Money Topics

**Contact Cascade EAP and ask  
to speak with a Financial Coach**

800-433-2320

[www.cascadecenters.com](http://www.cascadecenters.com)



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