



Build Strong Relationships

Strengthen your relationships with support from Canopy

- Increase Healthy Communication
- Manage Conflict
- Navigate Challenging Situations

Canopy offers free and confidential coaching, counseling, online learning centers, and more

Not sure where to start? Call, or use the Virtual Care Navigator to create a personalized “My Plan” at my.canopywell.com



call:
800-433-2320
email:
info@canopywell.com
visit:
my.canopywell.com



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