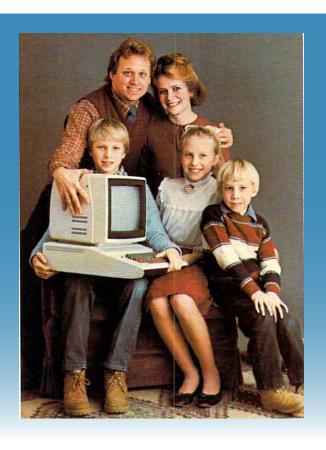
## **LifePilot Assessment**

# A technological breakthrough for you and your family



Take the **LifePilot Assessment** to improve your quality of life.

Answer a few quick questions and the **LifePilot** will gauge any personal or work related concerns you may be experiencing, recommend EAP services and get you instantly connected.

#### **Get Started:**

- 1. Go to https://cascade.personaladvantage.com/
- 2. Register with your company name
- 3. Existing Users, 'Sign In'
- 4. Click 'Life Pilot Assessment' at the top of the page

#### OR

### **Download the LifePilot App:**





Search Cascade EAP

**Cascade Centers Employee Assistance Program** 

Call: 800-433-2320 Text: 503-980-1777

Email: info@cascadecenters.com

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