



Never get so busy making a living
that you never make a life.

Improve employee satisfaction and well-being with the LifeBalance Program



Weight Management

Help employees meet their weight loss goals with savings on weight management, nutrition services, and more.



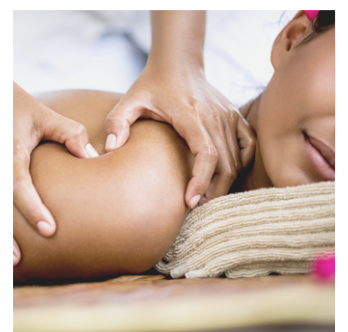
Attractions & Amusements

Employees save on family fun with admission to theme parks, museums, zoos, and other attractions.



Exercise

Employees can run, walk, cycle, stretch, dance, climb, or swim their way to fitness with savings on all things exercise.



Home & Relaxation

Employees save on everything from meditation programs and massages to gardening and pet services.



Outdoor & Adventure

Nature lovers, adrenaline seekers, and casual campers can save on gear, trips, and more.



Travel

Are we there yet? How about now? Deals on hotels, car rentals, vacation packages, and more.

**LifeBalance is a benefit
which offers discounts on
outdoor adventures, travel,
amusement, self-care, and
brings the “fun factor” to
EAP services!**

Health. Happiness. Savings.

If your employees have expressed the need for more happiness and well-being in their day-to-day lives LifeBalance may be the solution.



Employees can find discounts on services which are inclusive and customized to their needs. Our exclusive partnership with LifeBalance allows Cascade's clients to take advantage of a special discounted rate. Please contact your account manager if you have questions about the service and/or pricing.



Satisfaction

Our fun, life-enhancing program has been delighting employers and employees for 20+ years.



Inclusivity

Finally, a benefit with something for everyone, regardless of age, income, ability, or interests.



Customization

A local network built specifically for your employees, based on their interests, wants, and needs.



Accessibility

Our modern, user-friendly platform ensures that finding and redeeming deals couldn't be easier.



Well-Being

Exercise. Stress relief. Nutrition. All kinds of well-being options, all made more affordable.



Happiness

Family time. Exciting adventures. Rewarding hobbies. Savings on the things that your employees look forward to most.



Choice

How do we help thee live well?
Let us count the ways!
Thousands of deals at businesses around the corner and across the country.



Peace of Mind

A turnkey benefit? Amazing account reps? Stellar customer service? We won't pinch you, but we promise you're not dreaming.

Please contact your account manager if you have questions about the service and/or pricing.