

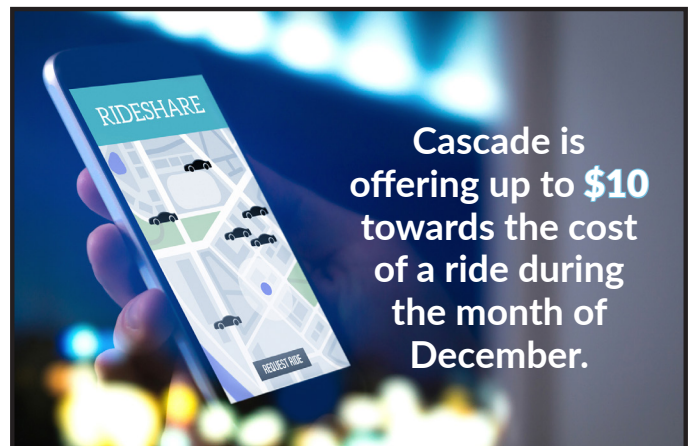
# HAPPY Holidays

From,  
Cascade EAP

Driving under the influence is never okay. Prevent drunk and drugged driving by making responsible choices, such as:

- Designate a sober driver.
- Plan safe parties, including providing non-alcoholic drink options.
- Be prepared to get everyone home safely.
- Remember that using drugs and driving has the same risks as alcohol use.

Cascade wants to help you to be safe while enjoying holiday festivities.



## HOW TO GET REIMBURSED:

Mail your receipt to: Cascade EAP, 7180 SW Fir Loop, Suite 100, Portland, OR 97223

Include your name, address, city, state, zip, and name of employer.\*

For ride sharing programs such as Uber and Lyft, email a screen shot or forward a copy of your receipt to: [info@cascadecenters.com](mailto:info@cascadecenters.com) (a copy of your receipt is required to be reimbursed).

*\*all information will remain 100% confidential*

*Cascade Centers, Inc. is not advocating the abuse of alcoholic beverages and/or drugs. If you choose to drink do so with moderation and caution. It is not the intent to promote misuse of drugs, alcohol, alcoholism, hazing, binge drinking or any other form of alcohol abuse.*

### Cascade Centers EAP

call: 800-433-2320

text: 503-980-1777

email: [info@cascadecenters.com](mailto:info@cascadecenters.com)

visit: [www.cascadecenters.com](http://www.cascadecenters.com)



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