



Cascade Centers, Inc. introduces our 2018 Webinar Series for Human Resource Professionals.

Each webinar is free and approved for one (1) **SHRM** credit.

Substance Use: What HR Professionals need to Know and How to Address

Katie Zaugg, LPC

February 6, 2018

11:00am (PST)

Do your employees misuse drugs and alcohol? Substance use costs US employers \$81 billion dollars a year, due to loss of productivity and attendance, accidents, theft, and rising healthcare costs. This training is designed specifically for HR professionals to discuss general drug and alcohol information, substance use impact in the workplace, policy and testing information, reasonable suspicion, and how to respectfully and efficiently address this issue with employees.

HR Professionals: A Guide For Incorporating Mental Health into Your Wellness Strategy

Anna Meiners, MA

April 24, 2018

11:00am (PST)

Many employers are taking a more holistic approach to employee health. Behavioral health is an increased area of focus, including mental health issues, financial wellbeing, balance, and social connectedness. Join us in hearing the successes, challenges, and ambitions of other HR professionals currently taking this approach. Strategies to successfully manage stigma, ways to create a culture of workplace support and proactively engage employees will also be shared.

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For more information:

Call: 800-433-2320

Text: 503-980-1777

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2018 Webinar Series

for Human Resource Professionals

(Continued)

HR Professionals: Your Role in Managing Mental Health Crisis in the Workplace

Dave Christy, MA, LPC

June 27, 2018

11:00am (PST)

HR professionals are equipped to respond to a number of employee issues, but may feel out of their element when it comes to more serious and uncommon mental health concerns. Experience tells us that even infrequent concerns such as suicidal thoughts, delusions, or mania do occur in the workplace and can greatly affect the working environment. This primer will present information to the HR professional on how to recognize and effectively respond to these concerns in a work environment.

Communication Skills for the HR Professional

Caitlin Plato, MA, CADC

September 18, 2018

11:00am (PST)

Communication is an integral part of a functioning and successful work environment. It can be challenging for HR professionals to navigate different communication styles. Join us for this webinar that assists HR professionals to learn communication styles, roadblocks and strategies to improve assertiveness.

HR Strategies to Bridge the Generation Gap

Dave Christy, MA, LPC

November 13, 2018

11:00am (PST)

For the first time in American history veterans, baby boomers, genXers, and millennials are working together – and in close quarters. In order to be effective communicators we need to know how to adapt to different personality types, along with understanding the different generational issues that can create conflict in the workplace. This seminar provides practical solutions to help people bridge the generational gap.



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